

PACKING LIST 2010

Perlman Camp

Director: Lewis Sohinki

Winter Address	Summer Address
4 Professional Dr., Ste. 122 Gaithersburg, MD 20879 Phone: 301-977-0050 Fax: 301-977-0051 lewis@perlmancamp.org	661 Rose Hill Rd. Lake Como, PA 18437 Phone: 800-270-7375 Fax: 570-798-2988

REQUIRED BEDDING & LINENS

Qty. Suggested	Description	# Packed Going
1	Warm blanket	
1	Pillow	
1	Sleeping Bag	
2	Twin fitted sheets	
4	Bath towels	
4	Beach towels	
2	Face towels	
2	Laundry bags	
OTHER REQUIRED ITEMS		
1	Refillable Water Bottle	
1	Flashlight & batteries	
	Stationery & envelopes (pre-addressed preferred)	
	Stamps	
	Pens & pencil	
	Backpack or small duffel bag for overnights and day trips	
	Extra pair of glasses or contact lenses (if worn)	
CLOTHING		
12	Short-sleeved shirts	
6	Long-sleeved shirts	
12	Pairs of shorts	
4	Jeans	
4	Sweatpants	
14	Pairs of underwear	
20	Pairs of socks	
4	Bathing suits	
2-3	Pair of Pajamas	
4	Sweatshirts	
1	Heavy jacket	
2	Shabbat outfits-see below	
1	Hat or baseball cap	
1	Hooded raincoat or poncho	
SHOES		
2-3	Pairs of sneakers	
1	Pair rubber boots/rainy day	
1	Pair of sturdy hiking shoe or boot	
1	Pair of pool/lake sandals	
1	Pair flip flops for showering	
1	Casual shoes for Shabbat	

Qty. Suggested	Description	# Packed Going
TOILETRIES		
1	Comb or brush	
1	Shampoo/ conditioner	
1	Toothbrush & Toothpaste with plastic cup	
2	Bars of soap with soap dish OR liquid body wash Deodorant	
1	Bottle of sunscreen	
OPTIONAL		
	Reading materials	
	Camera	
	Sunglasses	
	Sports equipment* (see below)	
	Lip Balm	
	Bathrobe or Beach robe	
	Swimming goggles	
	Small fan with batteries	
	Non-electronic games for bunk (i.e. Playing Cards, Mad Libs, Jacks, Checkers)	
	Musical instruments	
	Roller Blades	
	Twin size egg crate	
	Plastic storage drawers unit for bedside	
	Water gun (for Post-Visiting Day Water Fight)	
	Battery operated clock	

***Shabbat is a very special time at camp and Perlman's White Top Shabbat sets the mood with a fresh, peaceful and unified feeling on Friday nights. We encourage modesty in dress.**

Sports equipment is available for all camp athletic activities. If you prefer, you may bring your own gear from home---tennis racquet & balls, fishing rod, baseball glove, shin guards, cleats (no metal spikes), personal protection items. Campers interested in joining our baseball/softball teams may bring their own uniform pants; soccer team members should bring shin guards.