

# PACKING LIST 2009

## Timber Lake West Camp

Directors: Bob and Alice Rosenberg  
Jennifer DeSpagna

Winter Address	Summer Address
85 Crescent Beach Rd. Glen Cove, N.Y. 11542 Phone: 516.656.4210 Fax: 516.656.4215	76 Timber Lake Rd. Roscoe, NY 12776 Phone: 845.439.4400 Fax: 845.439.3165

### TIMBER LAKE WEST REQUIRED UNIFORM

Qty. Suggested	Description	# Packed Going
100-300	Name Tapes	
16-48	Permanent ID Stickers	
1	Ash Sweatshirt (Any Style) Logo'd	
2	Red Tees Logo'd	
2	Ash Tees (Traditional or Fitted) Logo'd	
2	Red or White Shorts Logo'd	

### ADDITIONAL LOGO'D ITEMS (OPTIONAL)

	Oxford Zipper Hooded Sweatshirt	
	Ash Sweatshirt (Any Style)	
	Ash Sweatpant (Any Style)	
	White Long Sleeve Tee	
	Red / White Reversible Mesh Tank Top	
	Red Basketball Shimmer Tank Top	
	Oxford Sleeveless Sport Tee	
	Red Roller Hockey Jersey	
	Red Lacrosse Jersey	
	White w/Red Sleeveless Baseball Jersey	
	Black Baseball Cap	
	Black Camp Jacket	

### NECESSARY ADDITIONAL APPAREL & ACCESSORIES

Quantities can include any optional items from above list.

12	Tee Shirts / Polos	
2	Long Sleeve Tees	
6	Pairs of Jeans / Long Pants	
2	Belts	
12	Pairs of Athletic Shorts	
3	Sweatshirts	
3	Sweatpants (Any Sweatpant or Trackpant)	
1	Day Pack/Back Pack	
1	H <sub>2</sub> O Bottle	

### UNDERGEAR

18	Pairs of Underwear	
24	Pairs of Athletic Socks	
4	Pairs of Comfortable Sleep Wear	

### BED & BATH

Timber Lake West will supply all towels, sheets, pillows & pillow-cases for each camper.

2	Blankets / 1 Comforter and 1 Blanket	
1	Bathrobe	
1	Pairs of Shower Sandals (Optional)	
1	Shower Organizer & Filler Kit (soap dish, toothbrush holder, Cup)	
	Toothbrushes, Hair Brush, Soap, Shampoo, Conditioner	
1	Laundry Bag w/ Name	
1	Large Mesh Sock Bag	
8	Clothes Hangers (Optional)	

Qty. Suggested	Description	# Packed Going
<b>WATERFRONT</b>		
4	Swimsuits	
1	Pairs of Tevas	
	Sun Screen	
	Lip Balm, Nose Clip, Ear Plug, Swim Cap	
	UV Protection Sun Shirt, (Optional)	
	Waterski Wet Suit (Optional)	
<b>CAMPING GEAR (OPTIONAL)</b>		
Sleeping Bags are provided for Overnights		
1	Sleeping Bag with Stuff Sack	
1	Insect Repellent	
<b>OUTERWEAR</b>		
1	Lightweight Jacket / Polarfleece	
1	Heavyweight Jacket	
1	Rain Jacket or Poncho (Required)	
<b>FOOTWEAR</b>		
3	Pairs of Sneakers	
1	Pairs of Athletic Field Cleats (for all field sports) (Optional)	
1	Pairs Hiking Boots (Optional)	
1	Pairs Rainy Day Waterproof shoes (can use hiking boots)	
<b>PACK &amp; SHIP</b>		
2	Soft Trunk / Cargo Bags w/ Name	
1	Set Luggage Tags	
1	Stick Bag (If your child bring's their hockey stick)	
<b>STATIONERY &amp; EXTRAS</b>		
	Sets of Stationery & Stamps	
2	One time use or inexpensive Camera(s)	
	Books and Non-Electronic Games	
	Fishing Rod & Tackle	
	Pictures, Posters, Stuffed Animals,	
	Hair Dryer (No Flat / Curling Irons)	
1	Set of Extra Eyeglasses	
1	Pairs of Extra Shoelaces	
	Flashlight & Extra Batteries	
<b>ATHLETICS</b>		
	Timber Lake West provides athletic equipment necessary for campers to participate in activities, unless noted "required" all items are optional; however all personal items must be clearly marked with camper's name.	
<b>BASKETBALL</b>		
1	Red Basketball Shimmer Tank Top	
<b>SOCCER</b>		
1	White w/Red Soccer Jersey	
1	Pairs of Soccer Socks	
1	Pairs of Shin Guards (Required)	
Qty. Suggested	Description	# Packed Going
<b>TENNIS</b>		
1	Visor or Cap	
1	Tennis Racquet w/ Cover (Required)	

<b>ROLLER HOCKEY</b>		
1	Red Roller Hockey Jersey	
1	Pairs of Roller Blades	
1	Helmet w/ Face Shield (Required for boys)	
1	Knee / Shin Guard Unit	
1	Set of Elbow Pads	
1	Set of Hockey Gloves	
1	Hockey Stick (boys only)	
1	Athletic Supporter w/ Cup (boys only)	
1	Mesh Sport Bag w/ Name for Equipment	
<b>ROLLERBLADING / SKATEBOARDING</b>		
	Required if camper is bringing roller blades to camp	
1	Helmet for Roller Blading / Skateboarding	
1	Roller Blade / Skateboard Protective Pack (Wrist, Elbow and Knee Pads)	
1	Skateboard	
<b>LACROSSE</b>		
1	Red Lacrosse Jersey	
1	Helmet w/ Face Shield (can use hockey safety gear)	
1	Lacrosse Gloves (can use hockey safety gear)	
1	Lacrosse Stick	
1	Athletic Supporter w/ Cup (Boys only)	
<b>SOFTBALL</b>		
1	White w/Red Softball Jersey	
1	Softball Glove (Required)	
1	Softball Cap	
1	Pair of Softball Pants	

**CAMP NOTES**